

— Friday —

RECLAIMING MY CREATIVITY

Today I honor the spark that makes me see the world differently.

Write about what creativity means to you:

WHAT I'M CREATING TODAY

One idea I'm bringing to life: _____

One fear I'm releasing around creation: _____

One way I'll express myself freely: _____

One thing that inspires me right now: _____

WHAT MY CREATIVITY FEELS LIKE:

If my creativity had a sound, it would be: _____

If my creativity had a color, it would be: _____

If my creativity had a rhythm, it would be: _____

If my creativity had a message, it would say: _____

REMINDER OF THE DAY

My creativity flows without limits.

Rewrite it in your own words:

